



Manx Sailing and Cruising Club

The Lookout, Queens Promenade, Ramsey, Isle of Man IM8 1BG

First Aid Course

Date: Saturday 25th January 2014
Venue: Manx Sailing and Cruising Club
Duration: 0900 – 1700

Name: _____
Address: _____

Phone _____ E-mail _____

Are you a member of the MS&CC? Yes / No (please delete as applicable)

Cost of course, including handbook:

£20 MS&CC members
£50 non-members
Cheques should be made payable to the MS&CC.

Health Declaration:

Details of any medical treatment being received (if none, please write none)

I declare that, to the best of my knowledge, I am not suffering from epilepsy, disability, giddy spells, asthma, diabetes, angina or other heart condition, and I am fit to participate in the course.

Signature _____ Date _____

Please note: Illness or medical conditions need not necessarily prevent you from taking a full part in the course, but the principal or instructor must be aware of any potential problem. If you are in doubt about your fitness to attend the course please contact your GP.

For further details please contact either the course organiser May Shiu Chan, (chan@glendown.org) or the MS&CC Training Officer. The first course of the season is aimed at MS&CC safety boat crews.