

Manx Sailing & Cruising Club

ILCA (Laser) Regatta - Saturday 10 October 2026

SAILING INSTRUCTIONS

Rules

The regatta will be governed by the Racing Rules of Sailing (RRS) and these Sailing Instructions. No boat or rig changes will be permitted during the event.

The event will be open to Laser or ILCA dinghies using Standard, Radial and 4.7 rigs. Replica sails will be permitted.

Notices to competitors

Notices to competitors will be displayed on a whiteboard located in the garage, under the 'Lookout'.

Signals made ashore

Signal flags ashore will be flown from the mast on the 'Lookout'.

If flag AP is displayed ashore, racing will start not less than 1 hour after the AP is lowered.

Schedule of races

Saturday 10th October	Up to 6 Races of approx. 20 minutes - Warning Signal Race 1 @ 10.00. Remaining races as soon as possible.
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Sunday 11th October	If no racing is possible on Saturday it will be postponed to Sunday
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Racing area

The racing area will be Ramsey Bay - South of the Grand Island Hotel Plot, North of the Iron Pier.

Courses

The course will be indicated by a letter displayed on the committee boat and sailed according to the attached diagram.

Classes

All boats shall sail within the same mixed handicap fleet.

Marks

All marks will be round orange or yellow inflatable buoys.

The Start

Races will be started under rule 26 with the warning signal (ICF Numeral 1) made 5 minutes before the start.

The starting line will be between the mast of the committee boat at the starboard end and the port end starting mark.

Boats not starting within 4 minutes after the start signal will be scored DNC

Change of position of the next mark

The race committee may move marks to maintain the configuration of the course relative to the wind. Such changes will not be signalled to competitors. This amends rule 33.

The Finish

The finishing line will normally be between the mast of the committee boat displaying an orange flag and the nearby finishing mark.

Penalties

RRS Rules 44.1 and 44.2 will apply (Two turns).

Handicap System

The Average Lap/Portsmouth Number system will apply

Protests

Boats wishing to protest shall inform the Race Officer immediately after finishing and within 30 minutes of the finish of the last boat in the last race of the day.

Protest Notices will be posted on the whiteboard within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Competitors must check the notice-board as there will be no onus on the Race Committee to contact individuals.

Scoring

The low point scoring system of RRS Appendix A will apply.

Three races completed will constitute the series.

One discard will be applied if 6 races are completed.

Safety

Adequate personal buoyancy for crew members must be worn in the yacht at all times. Wetsuits do not constitute adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless fully inflated. It is the intention of the Committee that this rule will be implemented at all times. Anyone not in compliance with this instruction will be disqualified without a hearing.

Please rig your dinghies on the beach in front of the clubhouse. If you do rig on the road/pavement in front of the clubhouse do not attach your boom in case it either injures a passer-by or damages someone's car.

Competitors are reminded that the first consideration of patrol boats is the safety of competitors.

Patrol boats are provided on race days for competitors taking part in club racing. In the normal sequence of events, they will not be available to other boats outside the race area, nor will they be available once club racing has finished.

Boats retiring from a race shall notify the Race Committee as soon as possible.

Competitors and helpers are also reminded that the Clubhouse is situated on a busy road, trucks will be using it on race days. Please take care and park responsibly.

Each participating boat shall be insured with valid third party liability insurance with the minimum of cover £2 million.

Risk Statement

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their boat to such inherent risk whilst taking part in the event.
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

Prizes

Prizes will be given as follows:

The 'MS&CC Laser Open' Trophy will be awarded to the overall winner. Prizes will also be awarded to boats finishing in 2nd and 3rd places overall. There will be a prize for the highest placed Junior (under 18) competitor.

Social

The Prize Giving will be held in the Lookout after racing at approximately 14:00 and will be accompanied by a Regatta Tea

WIND



Mark 1

Mark 2

Mark 3 Start

Mark 4

Course

P - 1,2,3,4,1,2,3,4 and so on, passing through the start/finish line “gate” at Mark 3 on both downwind and upwind legs.

S - 1,4,1,4 and so on, passing through the start/finish line “gate” at Mark 3 on upwind legs

T - W,A,B,L,S1,S2

Start line is between S1 and S2.

Marks W, A, B and L are all rounded to port.

Boats must pass between S1 and S2 on each upwind leg